



RELEASE

This release is entered into between the undersigned, Living Tree Yoga and _____.
The purpose of Living Tree Yoga and _____ is to provide yoga instruction,
and a warm welcoming environment for free to offer support to _____ and his
or her support friend while undergoing treatment for cancer.

1. The undersigned hereby acknowledge that the following was explained to them and/or agrees to the following:

Acknowledges that Living Tree Yoga and _____ is not trained in any way to provide medical diagnosis, medical treatment, psychotherapy, or any other type of medical advice.

2. Acknowledges that coaching/training is another tool for teaching individuals about themselves, but that Living Tree Yoga and _____ does not guarantee neither good nor bad will occur nor guarantees the coaching advice given by Living Tree Yoga or _____ will produce good nor bad results.

3. Acknowledges that _____ may suggest exercise as part of my lifestyle management. I further understand that Yoga and any other related sports are an extreme test of one's mental and physical limits and carry with it potential for damage or loss of property, serious injury and death. That the undersigned assumes the risks of participating in these types of events/activities, that they are fit, and they have a regular medical physician they can contact regarding any medical problems that they might develop. The undersigned expressly waive, release, discharge and agree not to sue from any liability of death, disability, personal injury, or action of any kind for the undersigned participating in said sporting events and/or training for said sporting events.

4. The Undersigned agree that this is the full agreement between the parties, that _____, Living Tree Yoga, nor anyone else has not verbally contradicted any of the terms of this release and that the undersigned has entered into this agreement free and voluntarily without force or coercion.

Signature

Date

Signature

Date